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<https://suicidepreventionlifeline.org/our-crisis-centers/>

National Suicide Prevention Lifeline **800-273-8555 (Talk)**

## National Suicide Prevention Lifeline

### About the Lifeline

The National Suicide Prevention Lifeline provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week, across the United States. The Lifeline is comprised of a national network of over 180 local crisis centers, combining custom local care and resources with national standards and best practices.

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# Teen Lifeline

@TeenLifeline · Youth Organization

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Teen Lifeline

Send message



## About

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AZ teens in crisis call 602-248-8336. Outside of AZ, call 1-877-YOUTHLINE. This page is not monitored 24/7 & is not intended for crisis intervention.

Teen Lifeline is a 24/7/365 confidential crisis hotline for teens. From 3-9 pm, other teens are trained and available to answer calls. Texting is also... [See more](#)

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<http://www.teenlifeline.org/>

(602) 248-8336

[nikki@teenlifeline.org](mailto:nikki@teenlifeline.org)

Price range · Not Applicable

Youth Organization · Social Service · Nonprofit Organization

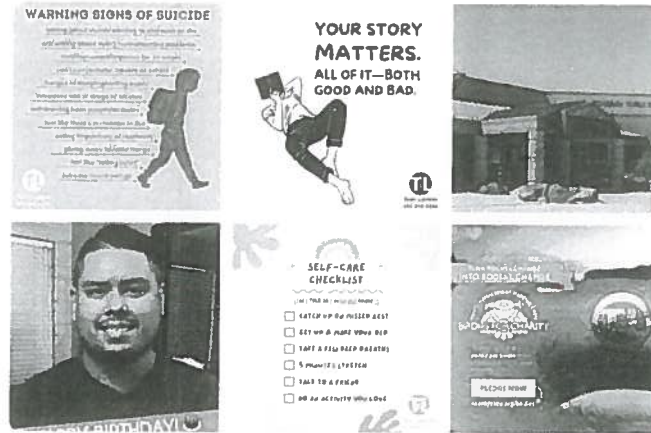
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teen-lifeline

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Crisis services are available to any Arizona resident, regardless of health insurance coverage. If you or someone you know is experiencing a behavioral health crisis, please call one of these national or local crisis lines:

# Crisis Hotlines

## Suicide and Crisis Hotlines by County and Tribal Nation

- **Apache Country:** Arizona Complete Health - Complete Care Plan  
1-866-495-6735 (tel:18664956735)
- **Cochise County:** Arizona Complete Health - Complete Care Plan  
1-866-495-6735 (tel:18664956735)
- **Coconino County:** Health Choice Arizona  
1-877-756-4090 (tel:18777564090)

- **Gila County: Health Choice Arizona**  
1-877-756-4090 (tel:18777564090)
- **Graham County: Arizona Complete Health - Complete Care Plan**  
1-866-495-6735 (tel:1-866-495-6735)
- **Greenlee County: Arizona Complete Health - Complete Care Plan**  
1-866-495-6735 (tel:18664956735)
- **La Paz County: Arizona Complete Health - Complete Care Plan**  
1-866-495-6735 (tel:18664956735)
- **Navajo County: Health Choice Arizona:**  
1-877-756-4090 (tel:18777564090)
- **Maricopa County: Mercy Care**  
1-800-631-1314 (tel:18006311314)
- **Mohave: Health Choice Arizona:**  
1-877-756-4090 (tel:18777564090)
- **Pima County: Arizona Complete Health - Complete Care Plan**  
1-866-495-6735 (tel:18664956735)
- **Pinal County: Arizona Complete Health - Complete Care Plan**  
1-866-495-6735 (tel:18664956735)
- **Santa Cruz County: Arizona Complete Health - Complete Care Plan**  
1-866-495-6735 (tel:18664956735)
- **Yuma County: Arizona Complete Health - Complete Care Plan**  
1-866-495-6735 (tel:18664956735)
- **Yavapai County: Health Choice Arizona**  
1-877-756-4090 (tel:18777564090)
- **Ak-Chin Indian Indian Community:**  
1-800-259-3449 (tel:18002593449)
- **Gila River Indian Community:**  
1-800-259-3449 (tel:18002593449)
- **Salt River Pima Maricopa Indian Community:**  
1-855-331-6432 (tel:18553316432)
- **Tohono O'odham Nation:**  
1-844-423-8759 (tel:18444238759)


## Especially for Teens

- Teen Life Line phone or text:  
602-248-TEEN (8336) (tel:6022488336)

## Especially for Veterans

- Veterans Crisis Line:  
1-800-273-8255 (tel:18002738255) (press 1)
- Be Connected:  
1-866-4AZ-VETS (429-8387) (tel:18664298387)

## COVID-19 Crisis Counseling

- Call 2-1-1 for free COVID-19 crisis counseling. [www.ResilientArizona.org](http://www.ResilientArizona.org) 
- Llame al 2-1-1 para conectarse con un proveedor de consejería.

## National 24-Hour Crisis Hotlines

### Phone

- National Suicide Prevention Lifeline:  
1-800-273-TALK (8255) (tel:18002738255)
- National Substance Use and Disorder Issues Referral and Treatment Hotline:  
1-800-662-HELP (4357) (tel:18006624357)

### Text

- Text the word "HOME" to 741741

## About Arizona's Crisis Services

Arizona has a robust behavioral health crisis services network available to any Arizona resident regardless of health insurance coverage. Services include:

- 24/7/365 crisis telephone lines operated by trained crisis specialists.
- 24/7 mobile teams staffed by behavioral health professionals who travel to the individual experiencing a crisis and provide assessment, stabilization and may triage the individual to a higher level of care, as appropriate.
- Facility-based crisis stabilization centers that offer crisis stabilization and observation, including access to Medication Assisted Treatment.

Read AHCCCS Crisis System Frequently Asked Questions ([/AHCCCS/Downloads/ACC/View\\_Crisis\\_System\\_FAQs.pdf](/AHCCCS/Downloads/ACC/View_Crisis_System_FAQs.pdf))

Can't find what you're looking for? Please visit the AHCCCS Document Archive (<https://archive.azahcccs.gov/>).

Select Language 





# Crisis Lines

THREE options to talk now, walk in, or call.

## *#1 Talk now*

### Community Crisis line

If you are in immediate crisis, whether it be for you or your loved one, call the Community Wide Crisis line: (520) 622-6000 or 1 (866) 495-6735

911 (ask for CIT Officer)



## *#2 Walk in*

Crisis Response Center

2802 E District St.

Tucson, AZ 85714

(south of AJo Way and Country Club)

Walk-in is available 24 hours a day, 7 days a week.

## *#3 Call for help*

National Alliance on  
Mental Illness Southern Arizona

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Sonora Behavioral Health (Northwest Hospital)

St. Joseph's Hospital

St. Mary's Hospital Behavioral Health

Veterans Affairs Medical Center

For more information about publicly funded behavioral health services in Pima County contact Arizona Complete Health Customer Service at 1 (866) 495-6738

National Alliance on  
Mental Illness Southern Arizona

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## Our Office

(520) 622-5582

Fax: (520) 623-2908 [Email Us >](#)



## Crisis Line

Community wide

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e.g., substance use

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## Be Prepared to Have the Difficult Conversation

Published: January 2022

This data visualization illustrates the correlation between alcohol use and other substance use to inform parents/guardians and communities.



## Getting Ahead of a Problem

**Published:** January 2022

This data visualization illustrates the drinking habits of adolescents to inform parents/guardians and communities.



## Take Action to Prevent Underage Alcohol Use

**Published:** January 2022

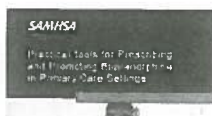
This data visualization illustrates the steady decline of alcohol use amongst adolescents, informing parents/guardians and communities that taking action against underage drinking is effective.



## Prevent Unsafe Drinking Behaviors On Campus

**Published:** January 2022

This data visualization illustrates heavy alcohol use and binge drinking statistics amongst college age youth to inform colleges and communities.



## Practical Tools for Prescribing and Promoting Buprenorphine in Primary Care





## Settings

**Published:** December 2021

This resource provides information to primary care providers and practices on how to implement opioid use disorder treatment using buprenorphine. It identifies common barriers and strategies to overcome them. It documents step-by-step tactics to support buprenorphine implementation.



## Advisory: Prescription Stimulant Misuse Among Youth and Young Adults

**Published:** November 2021

This Advisory reviews the evidence on prescription stimulant misuse among youth and young adults. It establishes prescription stimulant misuse as a public health problem, identifies associated risk and protective factors, and provides programs and action steps for stakeholders to prevent misuse.



## Talk. They Hear You: Choose Informal Times to Talk as She Gets Older – Window Cling

**Published:** November 2021

A window cling public service announcement encouraging parents to talk with their children about alcohol.



## Talk. They Hear You: Find New Ways to Talk as She Gets Older – Window Cling



**Published:** November 2021

A window cling public service announcement encouraging parents to talk with their children about alcohol and other substances.



## Talk. They Hear You: Make Regular Conversations Part of the Routine – Window Cling

**Published:** November 2021

A window cling public service announcement encouraging parents to talk with their children about alcohol.



## Psychosocial Interventions for Older Adults With Serious Mental Illness

**Published:** November 2021

The guide provides considerations and strategies for interdisciplinary teams, peer specialists, clinicians, registered nurses, behavioral health organizations, and policy makers in understanding, selecting, and implementing evidence-based interventions that support older adults with serious mental illness.

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# Get Help

## FindTreatment.gov

Millions of Americans have a substance use disorder. Find a treatment facility near you.

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## National Suicide Prevention Lifeline

### **1-800-273-TALK (8255)**

Free and confidential support for people in distress, 24/7.

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## Behavioral Health Treatment Services Locator

Find treatment facilities confidentially and anonymously, 24/7.

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## National Helpline

### **1-800-662-HELP (4357)**

Treatment referral and information, 24/7.

[View All Helplines and Treatment Locators](#)

## Sign Up for SAMHSA Email Updates

To sign up for updates or to access your subscriber preferences, please enter your contact information.

## Language Assistance

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Have a question about government service? [Contact USA.gov](#).

SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

5600 Fishers Lane, Rockville, MD 20857  
1-877-SAMHSA-7 (1-877-726-4727)