GFSD ACCEPTABLE/NON ACCEPTABLE FOOD LIST School Parties and Birthdays

ALL FOODS on the ACCEPTABLE FOODS LIST MUST BE STORE BOUGHT.

Acceptable Foods:

- 1. Sandwiches/Subs from a sandwich shop or restaurant (check class number for amount of sandwiches needed)
- 2. Eegee's Fruit Drinks (Small Bucket is enough for 1 class)
- 3. 100% Fruit Juice
- 4. Fresh Fruit
- 5. Cheese sticks, String Cheese, Cheese and Crackers
- 6. Vegetable trays with dip
- 7. Cookies (no frosting) and Muffins preferably low fat/low sugar
- 8. Popcorns
- 9. Pretzels
- Pizza (Pizza cut into 8 pieces-check class number for # of pizzas needed)
- 11. Granola Bars
- 12. Plain Tortilla Chips and Salsa (**NO** other chips are allowed)

Non Acceptable Foods:

- 1. Candy
- 2. Cakes, including Cupcakes
- 3. Fruit Punch, Soda, Tea, Lemonade, and Coffee
- 4. Gum
- 5. Ice Cream
- 6. Donuts
- 7. Chips (Only Plain Tortilla Chips are Allowed)

NOTE: Birthday celebrations must be approved by administration prior to the event. Birthday food on the acceptable list can be brought during the student's lunchtime. Parents/Guests must stay to serve the birthday treat to students.

NOTE: If a non-acceptable food item or a food item that is not on the list is brought for lunch or brought to the school for birthdays or parties, it will be left with the Receptionist. The Receptionist will contact the parent to inform him/her that the food could not be served to the students and the item is available for pickup at the end of day.

Cold Lunch – Non Acceptable Foods

We DO NOT have a way to heat up your child's lunch so please make sure you use a thermos or send food that uses your own ice/cold pack if needed.

Students bringing a cold lunch to school <u>MUST NOT</u> have the following items in their cold lunch:

Non Acceptable Foods:

- 1. Candy
- 2. Cakes, including Cupcakes
- 3. Fruit Punch, Soda, Tea, Lemonade, and Coffee
- 4. Gum
- 5. Ice Cream
- 6. Donuts
- 7. Chips The school will allow **Plain Tortilla Chips**. This is the only type of chip allowed for cold lunches.

A copy of this document can be located at www.griffinfoundation.org under the tab Education-School Menus.